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Wearing the wGT3X-BT

The wGT3X-BT is typically worn at the waist or on the non-dominant wrist using one of our compatible belts or wrist straps. The appropriate wear location is dependent on specific research objectives and will be outlined in the study protocol.

Note: The device must be worn at the wrist location to obtain accurate readings from the wear time sensor.

Note: The device must be worn at the wrist location to obtain accurate sleep score information.



Waist worn devices

- 1 Remove the clip at one end of the elastic waist belt.
- 2 Thread the belt through the wings on each side of the wGT3X-BT so the belt lies flat against the back side of the device.
- 3 Replace the clip and adjust the length as needed.
- 4 The subject should be instructed to fasten the belt snugly around the waist and position the wGT3X-BT in line with the armpit and knee with the USB port cover facing up.



Wrist worn devices

- 1 From above the device, insert the thin end of the wear time wrist strap into one of wGT3X-BT wings with the velcro side facing out. Pull until the thick end of the wrist strap catches in the wing.
- 2 Insert the thin end into the opposite wing to create a loop. The strap should not cover the back of the device.
- 3 Secure and adjust the wrist strap by folding the excess length outward and fastening to the velcro.
- 4 The subject should be instructed to wear the device strapped securely to the non-dominant wrist with the ActiGraph logo facing up when viewed like a wrist watch.

Note: The wGT3X-BT can also be worn at the ankle, thigh, chest or other location for specialized research applications. However ActiGraph does not offer specific wear accessories for these locations at this time.